



MEETINGS & CONFERENCES IN EXCITING, HISTORICAL, SURROUNDINGS AT INNHERRED, NORD-TRØNDELAG



Package includes:

- Lunch at Støre Farm, Øyna og Gulburet
- Meeting rooms with dining
- Team- & leadership development session with "KultLab"
- Music from Fritt Spillerom
- Viking contest at Stiklestad
- Viking feast at Stiklestad National Culture centre
- Tour of Straumen
- 9-course dinner at Egge County Farm delivered by "Brød & Cirkus"
- Premises decorated by "Stil & Steming"
- Entertainment by "Lyden av trivsel" with well-known guest artist
- Øyna Mester (Champion)
- Show round at Gulburet
- Accommodation at Stikletad Hotel and Quality Hotel Grand.
- Buss hire for three days
- Guide for two days

Program proposal - can be adjusted according to need, budget and wishes

Booking and cusomised quote:

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Email: christina@visitinnherred.com



STØRE FARM

Dare to try something new, let the next business trip be a creative and great overall experience in the Innherred region. Experience the food, nature and culture - adventure steeped in history, second to none.

09.00 Example: departure by bus from Trondheim Airport Værnes

10.00 - 10.30 Welcome to Støre Farm

Hospitality, love of food and the good encounters between people are at the forefront at Støre Farm. Be inspired and enjoy the views of the Trondheim Fjord and beautiful Innherred! When you arrive at Støre, you will be served coffee and something to eat, while the hosts chat about the farm.

10.30 - 12.30 Separate programme

There is time set aside for meetings and an academic programme in unique and genuine premises on a traditional farm in Trøndelag. The times can be adjusted.

12.30 - 14.00 Tasty lunch

For lunch, enjoy a delicious soup served with home baked bread from Camilla's Soup Kitchen, while "Fritt Spillerom" play soft tones of the violin and cello.

14.00 - 15.30 A different and inspiring professional team session with KultLab

KultLab offer an exciting and different team - and leadership development session with the help of cultural tools. With KultLab, it will never be predictable and boring and you achieve an overall experience and knowlege which is directly transferable to the working day. Customised based on the company's needs and desired theme.

15.30 - 16.00 Departure for Stiklestad National Culture Centre

Stiklestad Hotel is connected to Stiklestad National Culture Centre. There is a very special atmosphere, and service-minded employees who help to ensure a memorable stay. The rooms in Stiklestad Hotel are spacious and have a modern design, while the choice of materials creates a warm ambience. We think you'll enjoy your stay with us.



VIKING CONTEST

Stiklestad National Culture Centre have a status as a National core institution, with special responsibility for imparting knowledge about St. Olav and the part of Norway's history that are linked to Stiklestad.

16.45 - 19.00 Viking contest – join in an historic and fun activity

The Battle of Stiklestad in 1030 is Norway's most famous battle and today the history experiences are many at Stiklestad. The chief of Stiklastadir leads you through the battle between the royal army and peasant army. You get to try activities like archery, crossbow, rævkrok (old, traditional game), and other fun contests.

20.00 - 23.00 Viking feast in the longhouse

Meet in the lobby ready to attend the Viking feast in the longhouse Stiklastadir. You will now be hijacked and taken to the longhouse where you can look forward to an exciting and unique evening.

Gentleman farmer Kolbjørn Gunnarsson and his family offer up a feast and story time in the banquet hall Stiklastadir. The banquet hall was an important meeting place when alliances were to be forged in the Middle Ages, and many decisions that has helped to shape our future was taken right here. With Viking robes and a bountiful buffet table with foods, beer and wine from that time, the evening is perfect for nice company in a fantastic atmosphere.



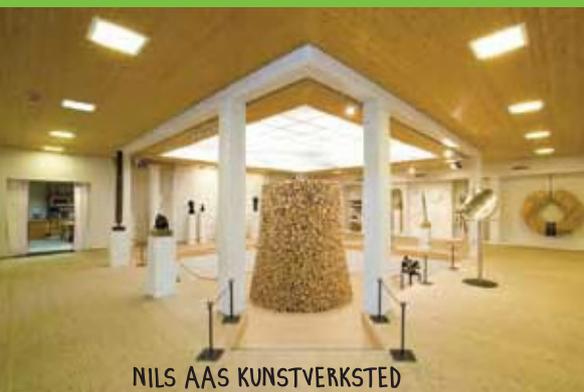
STIKLASTADIR

Day 2:

09.00 Check-out and departure from Stiklestad National Culture Centre by bus to Inderøy

09.30 - 10.45 Tour of Straumen, Inderøy

At Straumen town centre, you will enjoy a show-round at the Nils Aas Art Workshop. They have a permanent collection of art by Nils Aas, and annually show 5-6 exhibitions of Norwegian contemporary art. There will be time to wander around Muustrø Park where there are sculptures by Nils Aas and to visit local shops in an idyllic environment.



NILS AAS KUNSTVERKSTED

11.00 - 11.10 Welcome to Øyna

Øyna is located on a magnificent viewpoint above Sakshaug old church. You can let your gaze rest upon a stunningly beautiful landscape and see all 8 municipalities where the local food at the restaurant is also sourced from. The great characteristic buildings house a restaurant and conference facilities.

11.10 - 12.30 Lunch with history

Upon arriving, you will be served a tasty lunch created from local and exciting ingredients from the region while you enjoy the beautiful view.

12.30 - 15.30 Seperate programme

Time set side for meetings and your own professional programme in the exciting, unique and distinctive longhouse. The times can be adjusted.

15.30 - 17.30 Øyna champion

After a long meeting there will be some physical challenges in the programme. Join in with the play and laughter in the form of a pentathlon (five-match). Airy, light and fun.

17.30 Departure to Quality Hotel Grand Steinkjer



ØYNA



18.00 Check-in Quality Hotel Grand

Quality Hotel Grand is a modern and newly renovated conference hotel in the heart of Steinkjer. Great, service minded staff ensure a pleasant stay. The restaurant focuses on local food based on local produce. Sleep well in comfortable rooms.

19.30 – 22.30 A musical evening at the County Farm, Egge Museum

In the County farm from 1919, the maid Oleanna cheerfully welcome you into the county governor's living rooms. She chats about the history of the 90-year-old mansion and how it was to work for the county governor. You will be served a 9-course dinner prepared and served by "Brød & Cirkus". There is much to look forward to! "Lyden av Trivsel" brings you musical inclusive entertainment with a renowned guest artist. Return to the hotel after dinner.

Dag 3

09.30 Departure from the hotel

10.00 - 11.30 Welcome to Gulburet og Therese Kvams Vevstue, Inderøy

Gulburet is a bountiful farm shop with own produced bread and candy as well as products from other local food production. The barn houses the changing art exhibitions and in weaving house shows the artisans at work.

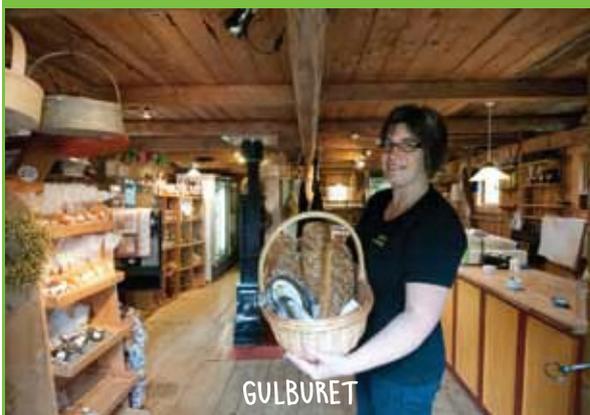
Amongst other, you can buy everything from fur rugs, runners, yarn and clothing. After a short show-round, a lovely lunch made from local produce will be served before you continue on to Værnes.

11.30 Departure to Trondheim Airport Værnes or another preferred location.

Well home!



COUNTY FARM , EGGE MUSEUM



GULBURET



LOCAL FOOD FROM THE GOLDEN ROAD